

YOUR HOME EMERGENCY PLAN

Get prepared

Emergencies such as disruption to essential services that we all rely upon, for example electricity, gas and water, can affect our everyday lives.

A Home Emergency Plan can be used as a vital tool in your household (or to help another family member who does not live with you) to be prepared in an emergency situation, like a power cut.

Having a Home Emergency Plan means all the important contact information, help, advice and action to take is all in one place, making life easier in an emergency situation, allowing you to respond safely and quickly.



Scottish & Southern
Electricity Networks

Your Home Emergency Plan

If a major emergency happens it may be some time before help arrives. It's very important that you and your family get together to prepare.

- Agree a plan in advance with those in your home.
- Complete this plan together and keep it safe in case you need it to use it.

If the emergency means it's not safe to go out, the advice is to:



Go in

Go inside and close all doors and windows



Stay in

Stay indoors (take time to check your emergency kit)



Tune in

Tune in to local radio, TV or the internet, where public information and advice from the emergency responders will be broadcast

My local radio

My local radio station:.....frequency:

If you have to leave your home, get out, stay out, and take others with you. If you have any neighbours you feel are vulnerable, check in with them to make sure they are ok.

Think of two meeting places: one near home and one further away, in case you can't get home.

MEETING PLACE 1 (NEAR)

Location:

.....

MEETING PLACE 2 (FAR)

Location:

.....

Pick a friend or relative who lives out of the area, who you will agree to call to say you're OK, should you need to leave home. Make sure this person knows.

Friends name:.....

Contact number:

LOCAL REST CENTRE:

Location:

Contact number:.....

Be Prepared - Pack an Emergency Kit

Whether you have to stay in or get out, packing a small emergency kit will help you get through. Keep it in a safe place at home where you can reach it easily. Your kit should be kept in a waterproof bag if possible, and the top recommended items to include are:



Essential

- Bottled water and non-perishable foods** (inc. Baby food/pet food)
- First aid kit** (and essential medicines)
- Radio and Torch** (spare batteries or wind-up equivalent)
- Identity documents** (passports/drivers licence)
- Change of clothes** (inc. warm jumpers and blankets)
- Mobile phone charger** (ideally a portable charger)

In addition

- Money (change, cash and card)
- Spare keys for house and car
- Copies of insurance policies/birth certificates
- Notebook, pen/pencil
- Spare glasses/contact lenses

Important Telephone Numbers

Emergency Services	999
Police non-emergency	101
NHS 24	111
Power Cuts	105
Gas Emergency	0800 111 999
Floodline/ Flood Agency	0345 988 1188



You should record other important contact numbers.

Doctor	Water Supplier
Local authority	Gas Supplier
Schools/colleges	Electricity Supplier
Carers/childminder	Vet
Work contact	Plumber
Insurance Company	Other

 More information:
ready.scot/prepare

 More information:
ssen.co.uk

  Social media, search:
ssencommunity

Find out more about our Priority Services Register:

 **ssen.co.uk/psr**

Track or raise a fault in your area via our Power Track app.

 **powertrack.ssen.co.uk**